

SUNNY HILLS

Lancer Regiment



Website & Calendar: www.sunnyhillsmusic.com

Director: Whitney Stanton

wstanton@fjuhsd.org

(714) 626-4282

SUNNY HILLS

Instrumental Music Department

Dear SHHS Music Families,

Welcome to the Sunny Hills Lancer Regiment! It is our goal to provide an experience that you will remember for the rest of your life. In addition, the skills you learn as a member of this program will prepare you for life after high school and even life after you graduate from college. You are about to embark on an incredible journey. As with any journey, you must be willing to get up and put one foot in front of the other. The same principles exist here in this program. I can promise you, if you are willing to commit to this program and do the things we ask of you, this will be an experience you will never forget!

In the Fall, our combined marching band and color guard is called the Sunny Hills Lancer Regiment. This ensemble is a twelve-time consecutive finalist in the SCSBOA & CSBC Championships and a six-time medalist. This ensemble performs at all home football games, community functions, and several competitions. All students receive one semester of P.E. credit when they enroll in marching band.

During the second semester, the music program breaks down into several performing ensembles:

Winter Guard – Competes in our local circuit called the Winter Guard Association of Southern California (WGASC). Competition season usually begins in early February and concludes in the middle of April. The group has been medalists multiple times, placing in the top 3 groups out of 30 schools.

Percussion Ensemble – Competes in our local circuit, which is called the Southern California Percussion Alliance (SCPA), and performs at the spring concert every year. Competition season begins in February and ends in mid-April.

Concert Band & Symphonic Band (All year)– Auditions are held for Concert Band and Symphonic Band each year in June. The Concert Band performs high school level literature and is open to students who have at least 1 year of band experience. There is a big emphasis placed on sight-reading in this ensemble. The Concert Band performs at SCSBOA Festivals and concerts at SHHS. The Symphonic Band is an auditioned group that performs advanced high school literature. The Symphonic Band performs at SCSBOA Festivals, typically receives superior ratings and concerts at SHHS.

Jazz Ensemble (2nd semester, 7th period)– Jazz auditions are held in December. The Jazz Ensemble consists of a sax section (alto, tenor, and baritone), brass section (trumpet and trombone), and a rhythm section (piano, bass, drums, and guitar). The ensemble typically receives superior ratings at jazz festivals around Southern California. They also perform for the community as well at our spring concert at SHHS.

This handbook is designed to help you become familiar with the Lancer Regiment Program at SHHS. It is crucial that you and your parents/ guardians understand the material in this handbook. Please realize it is 100% acceptable to ask questions. I am here to make your transition as smooth as possible. Please do not hesitate to contact me if you have questions or concerns.

Whitney Stanton
Instrumental Music Director
wstanton@fjuhsd.org
714.626.4282

Attendance Policies - Summer Rehearsals

The Lancer Regiment has weekly rehearsals throughout the summer and a two-week camp at the end of summer.

The two week camp is mandatory. (July 24-August 4, 2023, 12-8pm)

These summer rehearsals are integral to the success of our group and we want to avoid missing summer rehearsals as much as possible.

However, we understand that summer is the only time some families can take a vacation together and the only time that students can do certain internships or take SAT classes.

****We ask that you attend every single summer rehearsal, as long as you are in town and not on a family trip out of the area. If you are going out of town and need to miss a rehearsal, make sure to always tell the director via email.**

If you have questions about your specific scheduling conflicts, please talk to the director one-on-one or send her an email.

Attendance Policies - During the School Year

The marching band and color guard will be collectively referred to as the Lancer Regiment.

The Lancer Regiment is a 7th period class in which attendance and tardies are recorded and reported. **Students will receive 5 units of P.E. credit and a letter grade for this class.**

The Lancer Regiment is also treated as a team sport. Students are expected to have a high standard of expectations when it comes to having perfect attendance.

Excused absences include: serious illness, doctor appointments, death in the family or a wedding. **However, we would like to strongly urge parents/guardians to schedule doctor and dentist appointments on Mondays and Wednesdays to avoid missing rehearsals.**

Unexcused absences include but are not limited to: vacations, baby-sitting, errands, oversleeping, DMV appointments, and no ride to school.

PERFORMANCES: In order for consideration to be excused from a **performance**, the parent must email the director at least 1 month in advance. If a student has to miss a performance for a serious illness, then **a doctor's note must be turned in to the director**. If a student has 4 unexcused absences from rehearsal without any notification to the director from themselves or their parent/guardian, their grade will be lowered 1 letter. They may also be dropped from the ensemble at the discretion of the director.

If a student is absent from a performance without any notification to the director by email from themselves or their parent/guardian, their grade will immediately drop 1 letter.

Note to Parents/Guardians: Every single student plays an important individual role that cannot be filled by anyone else. We do not have any "second-string" players or players "sitting on the bench." Every student is important and when they are absent for any reason, it adversely affects all other students around them.

The director can remove a student from the group at any time during the semester for poor attendance or inappropriate/unprofessional behavior.

"There's no time like the present, and no substitute for being present."

Course Descriptions - Please check our website, www.sunnyhillsmusic.com

Band Class Registration Expectations:

- All marching band musicians must be concurrently enrolled in either concert band, symphonic band or percussion class.
- Students may take concert band without enrolling in marching band.

Traveling with the Lancer Regiment

- Being a member of the Lancer Regiment involves performing at home football games, community events, and 7 competitions throughout the fall semester.
- Students are held to a high standard of behavior, especially when we travel. We are ambassadors of our music program, Sunny Hills High School, the Fullerton Joint Union High School District and the City of Fullerton.
- Anytime we travel, the director will post an itinerary on our band website, www.sunnyhillsmusic.com, approximately 2 weeks before each competition, and 1 week before football games and community events. The itinerary will detail the schedule for the entire day such as the “call time” or meeting time that students should be at school, the time we will be departing by bus, arriving at our destination, performance time, awards time, the time we will be departing our performance site and what time students are expected to arrive home and are dismissed. Sometimes these times are an approximation depending on traffic and outside conditions.
- Please make sure your student communicates with you on the way home from a trip and is picked up in a timely manner.
- It is the responsibility of the student and the parent/guardian to look up the itinerary on the website and be informed of what is happening on a regular basis.

Staying informed

- The director makes a large effort to keep students and parents/guardians informed of all upcoming rehearsals, performances, and fundraisers by utilizing mass emails, mass text messages, social media, automated phone calls home, and occasionally a letter home.
- Please make sure you are taking the initiative to be informed and seek out information. We have a large group and it is important that every student and parent/guardian is in the loop of information.

Behavior Expectations for being a member of the Lancer Regiment, on campus and off campus while on trips:

1. All students must act with class and professionalism. This includes acting in such a way that would make your parents, grandparents, school officials and teachers proud.
2. Students must always treat everyone with respect including their peers, teachers, staff members, bus drivers, volunteers and chaperones.
3. No profanity. This goes without saying that we cannot use profanity in any language.
4. No “rough-housing” or horse-play. This rule applies everywhere; on the field, in the band room, on the bus, on a trip or at school.
5. Keep your conversations “PG” or family friendly.
6. No PDA or public displays of affection.

Consequences for violating behavior expectations:

1. **Detention**
2. **Parent Conference**
3. **Saturday School**
4. **Removed from rehearsal and/or the next performance**
5. **Removed from the Lancer Regiment permanently**

Bus Rules

We have worked hard to establish a good reputation with the FJUHSD Transportation Department. Breaking of the rules below will not be tolerated. Please read the bus rules very carefully.

- The bus driver is given full authority on the bus.
- Students must sit on the same bus to and from any given event. It is the student's responsibility to check the bus number as you unload; many times the buses may not be in the same order when we return.
- Front seats are reserved for staff and/or chaperones.
- Always stay in your seat while the bus is moving.
- No playing instruments while on the bus (including drumsticks).
- Do not bring valuables on the bus. If you decide to break this rule, SHHS and FJUHSD are not responsible for your items when they get stolen. The majority of the trips we go on are less than an hour away. You do not need your air pods, iPad, laptop, etc. on short trips like this.
- Clean up and put the windows up before you get off the bus. We cannot leave any trash or personal items on the bus.
- No eating or drinking on the bus.
- If you choose to sit next to a boyfriend or girlfriend please act appropriately. There are 0 warnings for this offense.
- **Thank the bus driver as you exit.**
- If the above rules are violated, assigned seating will be enforced for the remainder of the school year.

Lancer Regiment Uniform Etiquette

"Character is who you are when you think no one is looking."

Our Marching Band uniforms cost approximately \$400 each. The current set was purchased in 2010 and the previous set of school band uniforms were purchased in 1984. These current uniforms need to last for AT LEAST the next 10-15 years. It is very important that we keep the uniforms in great condition. Please read the rules below very carefully so we may keep our uniforms looking new.

1. Always act **professional** in uniform as you are representing SHHS and the FJUHS.

- No Profanity and No Public Displays of Affection (PDA)

2. **ABSOLUTELY NO EATING OR DRINKING IN UNIFORM** (water is allowed).

- No Food, No Drinks, No Gum, No Candy, No Mints

3. What to wear under your uniform:

- Black Lancer Regiment T-Shirt

(No tanks or any other t-shirts allowed (this is for uniformity reasons).

- PE or workout style shorts

- LONG plain Black socks, no other colors/prints

(Students must purchase long black socks on their own).

4. Shoes (Purchased through the music program for \$30)

- All shoes **MUST** have the students name written on the inside of each shoe.

- Shoes must be cleaned before EACH event.

- Do not put your shoes inside the uniform garment bag

(we want the uniform to stay clean).

5. Be careful where you sit.

- Do not sit on the ground, curb, concrete, black top, etc.

- The only places you can sit while in uniform are the bleachers in our football stadium and the seats on the bus.

The following rules are based on common marching band traditions throughout the U.S.:

6. Students must be in **FULL** uniform or not at all. This applies to being at school and when we are in public.

- Jacket should be either be on and zipped up or completely off, don't walk around with your arms in your jacket and the back unzipped.

- Students cannot walk around with their shako (hat) partially on their head.

- Students cannot walk around in their uniform with only socks or with non-marching band shoes on.

- Students cannot walk around with their suspenders hanging off their shoulders.

7. Other Appearance based uniforms rules:

- No Jewelry or wrist watches at all while in uniform

- No noticeable make-up while in uniform (Light foundation is ok)

- Any students (male or female) with long hair have to have it completely and very neatly tied up in a high bun that will fit underneath their shako.

Haircuts before our first competition are highly encouraged!! :)

Sportsmanship at Competitions

It is important to keep in mind that when we attend marching band and color guard competitions, the traditional atmosphere is a very cordial one - competing schools typically wish each other good luck and are very friendly. While we do enjoy competing, these events are not the same as athletic sporting events and we do not wish any ill will towards other schools.

We want to all students and parents to keep in mind we are not the only school working hard to perform well at competitions - students at other schools are going through the same thing as us – spending many hours in rehearsal in the hot sun, staying up many nights late finishing homework, working tirelessly to be good students, learn their music and clean their shows.

You never know who is sitting next to you. It could be a parent, director or staff member of another school or even a judge! Use the same etiquette you would while watching a movie in the theater - do not talk loudly or talk on your cell phone while another school is performing.

Getting Along & Keeping the Peace

It is important to realize that for us to have any ounce of success as a team we must get along and learn how to work together. It is of the utmost importance that students leave their egos at the door when coming to rehearsal and learn to accept constructive criticism and be able to maturely get along with their teammates. If you have a disagreement or issue between yourself and another student it is best to maturely have a conversation about it one-on-one in-person. If you think that is not possible, **please talk to a staff member or teacher**. It is not a good idea or appropriate to vent/rant/gossip about your issues with another student to the rest of the team. It is important to know that being a member of a group this large is going to come with some challenges. Our group is filled with many different personalities and it is important for everyone to try to be understanding of one another.

Parents/Guardians - Please read the above section. It is highly important that any parent volunteers that we have on board with us act professionally and always put the students first. If you have any sort of problem with another parent, please speak with them directly and resolve it as adults. We do not have any time for gossip or negative talk. It is very detrimental to our organization.

“If you don’t have anything nice to say, then don’t say anything at all.”

Lancer Regiment Cost Sheet

The instrumental music department of Sunny Hills High School strives to put on a world class program for all students. It costs the music program the following amounts per student, per year:

- **Brass & Woodwinds:** \$1,000 per student for the school year, \$100 discount if you pay in full by June 1st (\$900).
- **Percussion & Color Guard:** \$1,300 per student for the school year, \$100 discount if you pay in full by June 1st (\$1,200).

This pays for:

1. Marching Band Uniform Dry Cleaning - \$20 per student
2. Color Guard Uniforms - \$130 per student
3. Upgrading Old Equipment, Instrument Repairs and maintenance - \$200 per student
4. Specialized Instructors/Coaches in winds, marching, movement, percussion and color guard (Approx. 6 assistant coaches) - \$500 per student
5. Transportation costs for performances - \$85 per student
6. Custom Written Field Show Music and Drill - \$110 per student
7. Competition Entrance Fees - \$20 per student
8. Winter Percussion Uniforms - \$140 per student
9. Winter Percussion Show (Tarp, props, instruments) - \$100 per student
10. Winter Color Guard Show (Tarp, flags, equipment) - \$100 per student
11. Yearly Misc Expenses (Metronomes, Speakers, etc.) - \$65 per student

Our total operating budget for the school year is typically around \$125,000. This is entirely paid for through contributions from families and consistent fundraising throughout the year.

Parents/Guardians have the option to pay this amount out of pocket, fundraise the entire amount, or do a combination of both. In order for the music program to still offer the same level of excellence and performance opportunities, we strongly request that all families choose one of the contribution plans on the next page.

All checks should be made out to **SHHS**.

No student will be denied membership to the Lancer Regiment because of financial hardship or inability to pay the fair share amount.

In the event of financial hardship, please do your best efforts to complete all fundraisers. Please do not hesitate to speak with the director, Ms. Stanton, if you have questions or would like to make an alternative payment plan. All communications with Ms. Stanton will be kept absolutely confidential.

Ms. Stanton – (714) 626-4282, wstanton@fjuhsd.org

Fundraising Opportunities: All fundraising profits will directly benefit your student's account. The more you fundraise, the less you need to pay out-of-pocket. More fundraising opportunities will be added to this calendar throughout the year. Here is a sample of our fundraisers:

- July & August: Sell business ads for SHHS Football Game Programs (\$200 potential profit)
- August: Vertical Raise Online Crowdfunding (\$200 potential profit)
- September: Raise flat donations for Fullerton Rotary Jog-a-thon (\$100-\$200 potential profit)
- October: Sell Cookie Dough (\$50-\$100 profit)
- November: Silent Auction for holiday concert program (\$25-\$250 profit)
- January & February: Sell See's Candy for Valentine's Day (\$50 profit), sell pancake breakfast tickets
- March: Silent auction for spring concert
- April: TBA

Additional Costs Not Included in the Fair Share Amount:

\$30 – Marching Band Shoes for Musicians (Dinkles); all new members need to purchase, returning members can re-use.

\$50 – Band Camp Lunch Program – 10 lunches (Optional but highly recommended – Boosters prepare lunch for entire group each day of camp.)

\$50 – Performance Dinner Program – 13 Dinners (Optional but highly recommended – Boosters prepare lunch for entire group each performance day.)

\$50 – Color Guard Rifle (Student keeps rifle)

\$35 – Lancer Regiment Hoodie – Optional

\$50 – Lancer Regiment Jacket – Optional

Fair Share Contribution Plan Form

Please check a payment plan:

_____ **Option #1: Pay the entire fair share by June 1 and receive a \$100 discount.**
(\$900 for brass & woodwinds, \$1,200 for percussion and color guard)

_____ **Option #2: Pay in less installments – (Brass & WW students - \$1,000 total)**

- May 31: \$300 due
- June 29: \$300 due
- July 28: \$300 due
- August 25: \$100 due

Due dates for **Percussion & CG students - \$1,300 total:**

- May 31: \$300 due
- June 29: \$300 due
- July 28: \$300 due
- August 25: \$300 due
- September 29: \$100

_____ **Option #3: Pay in 10 installments (Brass & woodwinds - \$1,000 total)**

- \$100 due every month, starting June 1 and ending March 1.

Pay in 10 installments (Percussion & Color Guard - \$1,300 total)

- \$130 due every month, starting June 1 and ending March 1.

_____ **Option #4: I want to fundraise all **OR** part of my fair share. I would like to contribute this amount: \$_____, and**
fundraise this amount: \$_____.

Whatever your plan is, please do not hesitate to speak with Ms. Stanton or ask questions.

Check the fundraisers you plan to do:

- July & August: Sell business ads for SHHS Football Game Programs (\$200 potential profit)
- August: Vertical Raise Online Crowdfunding (\$200 potential profit)
- September: Raise flat donations for Fullerton Rotary Jog-a-thon (\$100-\$200 potential profit)
- October: Sell Cookie Dough (\$50-\$100 profit)
- November: Silent Auction for holiday concert program (\$25-\$250 profit)
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- March: Silent auction for spring concert
- April: TBA

Letter of Commitment

I, _____ (student name) and _____ (parent/guardian name) have read the entire hand book and

understand all attendance and behavior policies.

Please **initial** next to each item:

_____ I understand that all performances are mandatory and I will be at all of them.

_____ I understand that 7th period attendance is 50% of my grade.

_____ I understand that I can be removed from the group if I do not follow the attendance or behavior policies.

_____ I understand that our program relies heavily on parent volunteers, fundraising and fair share contributions. If we do not raise enough money as a whole program, then we will have to cut back on performances, trips, and specialized items such as custom uniforms, equipment and instruments.

_____ I agree to be a member of the Lancer Regiment for the entire season for 1st semester.

_____	_____	_____
Date	Print Student Name	Print Parent Name

_____	_____	_____
Date	Student Signature	Parent Signature

Football Game & Competition Dates - Fall 2023

Please reserve these dates in your calendar now.

Aug. 25: Home Football Game vs. Katella

Sept. 1: Home Football Game vs. Woodbridge

Sept. 29: Home Football Game vs. Sonora (Homecoming)

Saturday, Oct. 7: Competition

Oct. 13: Home Football Game vs. La Habra

Saturday, Oct. 21 - Competition

Oct. 27: Home Football Game vs. Troy

Saturday, Nov. 4 - Competition

Saturday, Nov. 11 - Champs 1, Location TBA

Saturday, Nov. 18 - Champs 2, Location TBA

Summer Rehearsals 2023

Brass & Woodwinds

Last day of school/graduation: Thursday, June 1st

June:

Time off: June 5-23

Tues. June 27th: 2-5pm

Thurs. June 29th: 5-8pm

July:

Thurs. July 6th - 5-8pm

Tues. July 11th: 2-5pm

Thurs. July 13th: 5-8pm

Tues. July 18th: 2-5pm

Thurs. July 20th: 5-8pm

Band Camp: July 24-Aug. 4, 12-8pm each week day

Aug. 7-11: Off

First Day of School: August 14

Summer Workshops 2022

Color Guard

Last day of school/graduation: Thursday, June 1st

June:

Time off: June 5-23

Tues. June 27th: 5-8pm

Thurs. June 29th: 5-8pm

July:

Thurs. July 6th - 5-8pm

Tues. July 11th: 5-8pm

Thurs. July 13th: 5-8pm

Tues. July 18th: 5-8pm

Thurs. July 20th: 5-8pm

Band Camp: July 24-Aug. 4, 12-8pm each week day

Aug. 7-11: Off

First Day of School: August 14

Summer Workshops 2022

Percussion

Last day of school/graduation: Thursday, June 1st

June:

Time off: June 5-23

Tues. June 27th: 2-5pm

Thurs. June 29th: 5-8pm

July:

Thurs. July 6th - 5-8pm

Tues. July 11th: 2-5pm

Thurs. July 13th: 5-8pm

Tues. July 18th: 2-5pm

Thurs. July 20th: 5-8pm

Band Camp: July 24-Aug. 4, 12-8pm each week day

Aug. 7-11: Off

First Day of School: August 14

Sign-Up for Text Reminders about the Lancer Regiment:

For Students:

Text this code: @8926cd

To this phone number: 81010

For Parents:

Text this code: @4e2fck

To this phone number: 81010

Please fill out this form with your contact information, before you leave tonight:

